hi!



NICOLE SEICHTER

Nicole is a Gallup Certified CliftonStrengths® Coach. She specializes in burnout, team culture, and mindfulness at work.

BIO

Conviction, Passion, People-focus – that's Nicole. She's a certified CliftonStrengths® Coach, as well as a professionally certified coach (PCC) with the International Coaching Federation (ICF).

She facilitates team events and conducts individual coaching where her background in Business Administration shines through. Nicole loves to learn new things and never settles for "normal".

Her great passion is to make others aware of the importance of human uniqueness and how this can be used to solve many of the problems we face. She applies this masterfully to team culture, mindfulness, and burnout at work.

CliftonStrengths

- Connectedness
- Empathy
- Maximizer
- Positivity
- Learner

Education Highlights

- Bachelor's Degree in Business Administration
- ICF Trained Coach

Fun Facts

Nicole is based in Ingolstadt, Germany. She's the author of a book called "Enjoy: A New Approach to Stress and Burnout Prevention." She can present to your team in either English or German language.